PRBB Intervals Course Proposal

Course Title Understanding career opportunities that best exploit your skillset

Proposed date(s) 20th October 2023

Course Language English

Course Leader

Roni Wright is an experienced postdoc, teacher and trainer, providing university classes and courses for scientists on oral presentation skills and time management.

Rationale for course (why is this course of interest for the PRBB staff?)

There are a wide range of job and career opportunities after a PhD. This course will highlight and discuss examples of different career options within the job market, the skills required and the unique challenges posed by each. Working together as a group and individually participants will be able to identify their own strengths and weaknesses as well as what motivates and drives them in their careers. To give them the confidence to pursue suitable opportunities that are a good fit for them. In addition, we will work on refining social network presence and provide tips and advice on how to use online networking sites to further increase job opportunities.

Course aim - general

The aim of this course is to give participants an overview of different career options and through personal assessment understand their own motivations, strengths and weaknesses. To give them the confidence to choose the job opportunities that are the best fit for them.

Specific learning outcomes
- Personal assessment, identifying your own strengths and weaknesses.
- Self-knowledge; what do you really enjoy? Want in your career?
- Examples of job opportunities, most common careers outside academia.
- Online networking tips.

Course contents
- Personal assessment: understanding your own strengths and weaknesses in the workplace.
- Self-knowledge, understanding your personal motivations, drivers in your career.
- Examples of specific job opportunities after a PhD outside the postdoc, group leader career path.
- Knowledge of the skills, attributes learnt during a PhD and how these skills can be translated to and are highly valued at other jobs in the marketplace.
- How to use online networking sites such as LinkedIn to your best advantage to advance your career.

Training methods

In person
Presentations by trainer
Group discussions
Interactive questionnaires and games

Target group in PRBB
Postdocs/Predocs

Number of participants
12

Total course hours
Number of hours of class time: 4hrs

Distribution of course (hours/days) 1 session, 2hr/break/2hr.

Pre-course preparation and/or between sessions? None

Relevant background reading/ audiovisual/websites or other materials None prior, links to further reading and further personal development will be provided during the course.